

Madley Physical Education vocabulary list

Year 1	Year 2	Year 3
Ball	Stroke	Activity
Dance	Stretch	Control
Hit	Action	Field
Kick	Balance	Game
Moves	Rolls	Base
Roll	Curl	Overarm
Skills	Opponent	Position
Throw	Frame	Rules
Freeze	Sequence	Tactics
Frame	Teammate	Team
Swim	Travel	Underarm
Catch	Pathways	Motif
	Routines	Point
Year 4	Year 5	Year 6
Accuracy	Athletics	Agility
Challenge	Backhand	Attacking
Communicate	Direction	Cardiovascular
Coordination	Forehand	Competition
Distance	Gymnastics	Defending
Hurling	Precision	Demonstrate
Opposition	Racquet	Endurance
Physical	Wicket	Exercise
Possession	Speed	Fitness
Stamina	Performance	Flexibility