

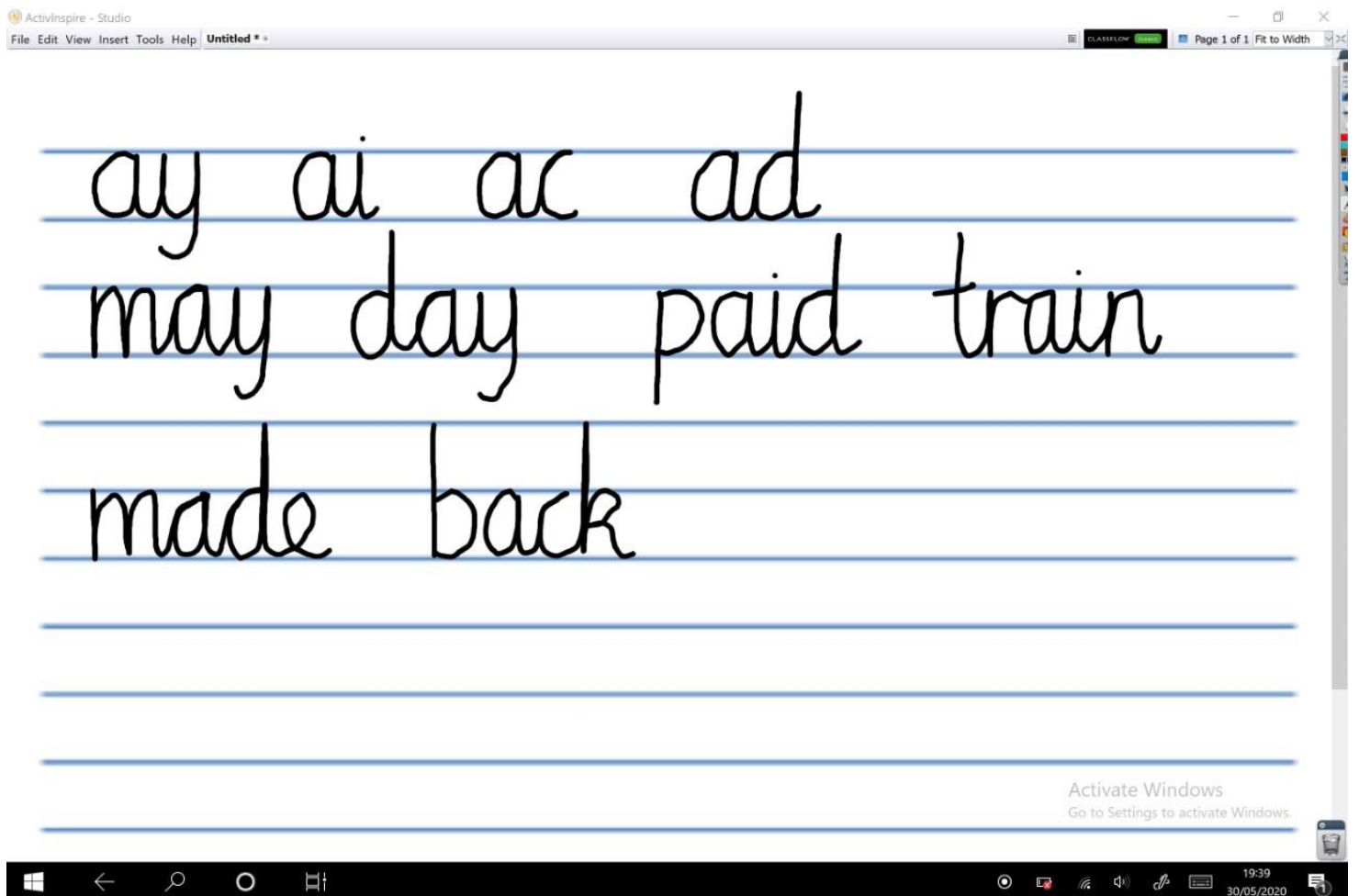
English Lesson 5 Handwriting Practise

You will need:

A lined sheet of paper

A well sharpened pencil

As we do in school, do a line of each handwriting pattern. Look carefully at the joins I have done to remind yourself.



Correct seating position when sitting down to write

Sit right then write



Movement breaks help with concentration. The body and mind do not perform well when kept in a static position for more than 25min.