

Home waste survey.

How much waste does one meal at home make?

Type of waste	How much/many?
Paper	
Plastic	
Metal	
Glass	
Food waste (you may need to weigh this?)	
Other (describe)	

(Complete this chart for one day for each meal and see which has the most waste s why not do it for a whole week and see if there is a pattern..)

Are there ways you can reduce the waste you use?

Which ways do you think you will change?

Type of waste	How much/many?
Paper	
Plastic	
Metal	
Glass	
Food waste (you may need to weigh this?)	
Other (describe)	

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Paper	
Plastic	
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