

Letter to my younger self - planning sheet

Introductory paragraph: *who you are - what age you are now - why you are writing*

What things have you got to look forward to: *highlights of the next six years - funny moments ahead - where you will visit*

Things to avoid doing: *advice either to do with your work or behaviour or perhaps an accident*

How could you have made even more of your time : *what opportunities did you not take at the time that you would do if you had your time again?*

Sign off: *what last bit of advice or hopes for future would you give your younger self?*

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