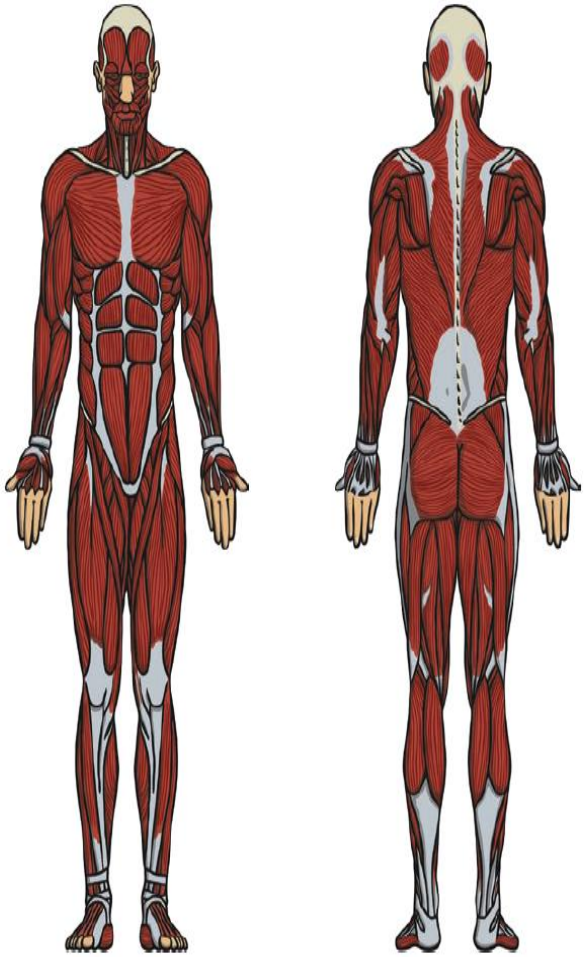
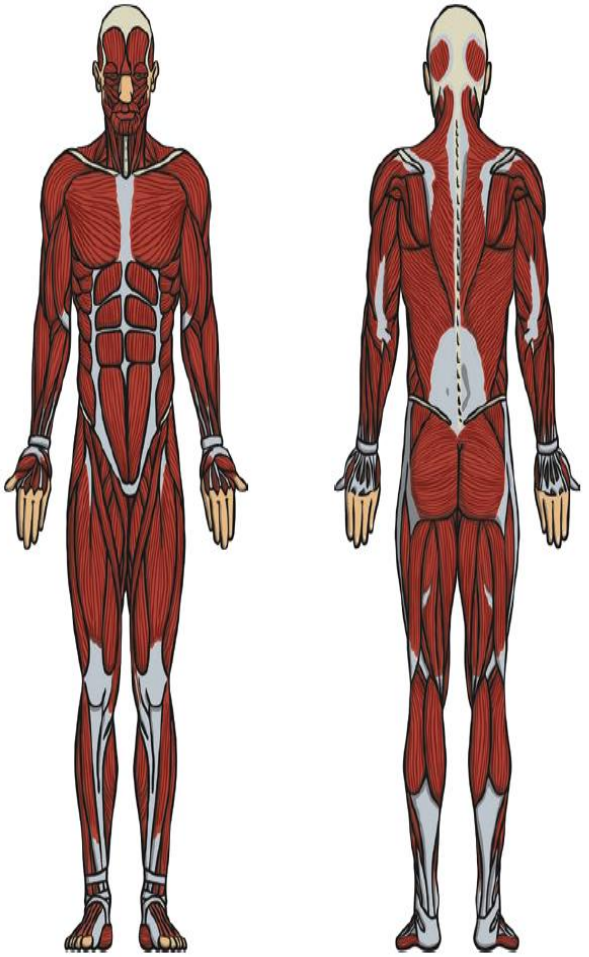
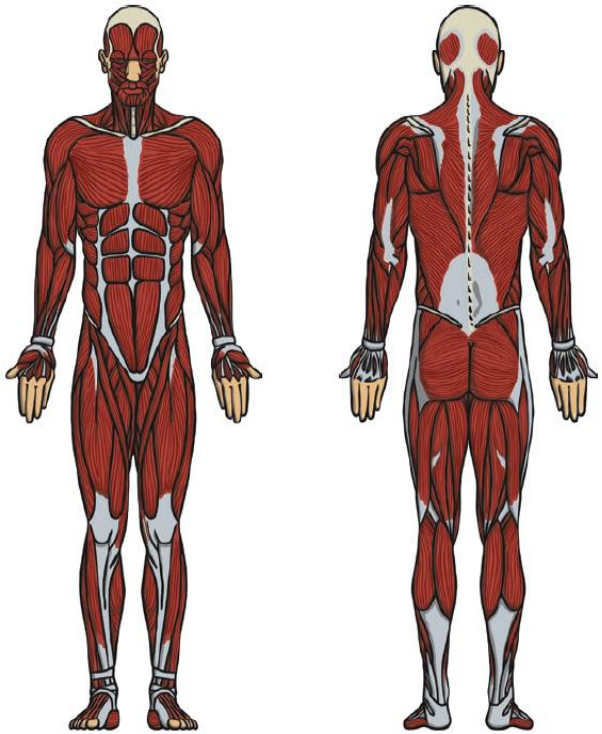
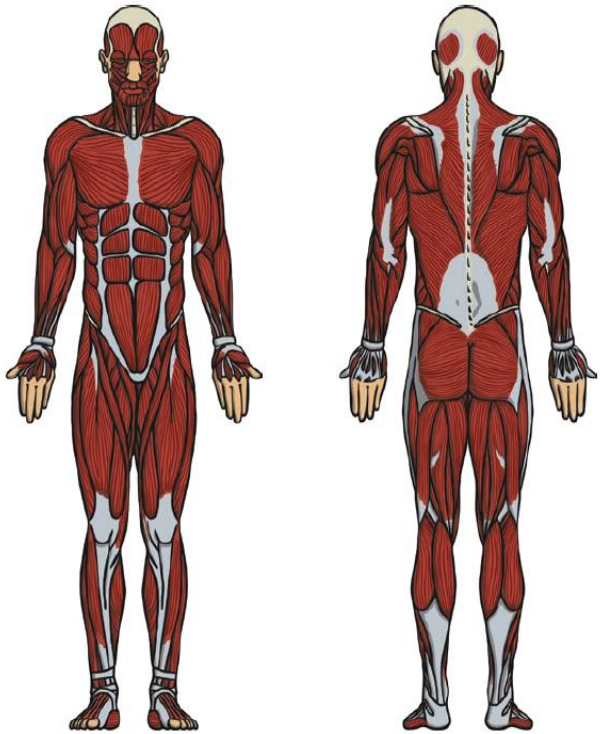
Activity	**Prediction (before the activity):** Circle or highlight the muscles **you think** will be used.	**Results (after the activity):** Circle or highlight the muscles **you used**.
		

Activity	**Prediction (before the activity):** Circle or highlight the muscles you think will be used.	**Results (after the activity):** Circle or highlight the muscles you used.
		

What do muscles do?